

FROM: Heather Keith, CCA Swim & Dive Snack Coordinator  
Contact Info: [Heb@san.rr.com](mailto:Heb@san.rr.com) or [858 229-3186](tel:8582293186) (Cell)

March 11, 2018

TO: Hello Raven Swim & Dive Families,

Our first meet is coming up at the end of next week. I know all of our kids have been working hard to get ready and are very excited. Attached is the full season snack schedule. It will also be on the team website under the Snack Schedule tab at <http://ccaswimanddive.weebly.com/schedules.html>. We have a large group with 88 total people at these meets who will get hungry. Please read all of the info below:

- Snack will be provided at the 5 regular meet dates.
- In the past, **invitational meet** schools have had a snack bar at the event we would want to support. Please pack lunch and snacks or money, which ever you prefer.
- Leagues will have snacks on the first day only. That will be assigned when we know who goes to leagues.
- CIF and State are not on the schedule at all. Please pack your own food for the whole day.
- **NEW FOR SPRING 2018-Clean Up:** On the meet day your family provides snack, your athlete is responsible for bringing a trash bag and helping Team Captains to keep the pool deck tidy and free of litter, scraps of notebook paper and clothing that has been left behind. As the coaches are usually the last ones to leave the pool, they have been stuck cleaning up after 88 athletes. We are guests at every pool venue and our goal is to leave the pool deck as clean or cleaner than we found it. On days that there is no assigned snack, Team Captains will coordinate clean up duty with those athletes attending the meet.

I will try and remind you the weekend before your meet. Just in case I cant please take a moment and put your date on your calendar now. I will be taking snack to the meets. **You can bring snack to my home the night before the meet or send it to school with your athlete the day of the meet. I will be there when they walk to the meets from school and your athlete could give to me then.**

**My address is: 3932 Corte Mar De Hierba, San Diego, 92130**

I do have other children so please try and get your donation to me at the times requested. If it is cream cheese please don't just drop it at my door. We don't want it to spoil.

***Speaking of Cream Cheese- You can get the little individual packets at Costco. They come in a pack of 50. They last a long time. So even if you are a date at the end of the season you can buy your cream cheese now. They are always there. Please Please don't bring tubs of cream cheese instead. Then we need knives and plates and we have a lot more trash that needs to get cleaned up.***

**Containers:**

Please pack your snack in containers you don't need back like Ziplock bags. I will not be a staying for the whole meet and if you pack a nice piece of Tupperware you probably wont get it back.

**Fruit:**

Please send the fruit washed. Small oranges, grapes, strawberries, bags of apples slices all work well. Last year people sent cut bananas and they were not that popular.

**Non Assigned Names:**

**There is a very small group of parents who are not assigned. If you have taken on a larger volunteer role- thank you for all you have done for our team already. The 4 other families will be contacted during the season for other snack opportunities.**

**Lastly please note that there is no budget for snack. So if you don't bring it, the kids will go without that day.**

Please contact me if you have any questions. Thank you for your support of the 2018 CCA Swim & Dive Team!