**2022 CIF High School Swimming & Diving Standards**

\*Note: Events are listed in the order they are swam

A screenshot of a computer

Description automatically generated with low confidence

**Additional Information about CIF**

* Upon qualifying, each athlete must participate in a specified number of meets
* Each team may only register 4 athletes per event from 1 high school
  + After all entries are received, CIF takes the fastest 32 entries

***Note: qualifying for CIF does not guarantee an event at CIF.***

* + USA swim times are not used. Times must be obtained at a high school meet.
* Only 2 athletes from 1 team can make finals or consults.
* Only 1 relay entry per team